#### SOCIAL SKILLS/SUPPORT RESOURCES IN THE ISSAQUAH/SEATTLE AREA

#### 1)      Spotlight Social Skills for Friendship Development

Regina Feinberg, MA, CCC-SLP

Phone: (206) 226-8813

Regina@SpotlightSocialSkills.com

Friendship development groups, grades 1-12, grouped by age, meet weekly on Mercer Island.  Share joy, silliness, frustration, and challenges.  Learn to make friends and get along with peers and adults while trying new things.

#### 2)      Friendship Group

Lisa Ann Mikulencak, LMHC: (206) 683-8625

 Karen Noble-Newman, LMHC: (206) 909-1937

Areis Building, 2366 Eastlake Ave. E., suite 413, Seattle, WA 98102

friendshipgroupseattle@hotmail.com

[www.friendshipgroupseattle.com](http://www.friendshipgroupseattle.com/)

Social Skills groups for kindergarten to 6th grade on Wednesdays, October to May.

#### 3)      Game Talk

[www.seattlechildtherapy.com](http://www.seattlechildtherapy.com/)

Social Skills Groups, Behavior / Educational Counseling.

#### 4)      Kids Interacting and Developing Social Skills (K.I.D.S.S.)

Phone: (206) 323-5770

ajamieson@hsds.org

Social skills group in Seattle for kids ranging 7-9 years of age. Sessions for high functioning children with social cognitive challenges and/or ineffective social skills.

**5. Creative Social Club (creativesocialclub.com)**

**6. Aspiring Youth (aspiringyouth.net) Social Skills camps**

**6)     Encompass Pediatric Therapy**

located at  **Encompass Downtown North Bend**209 Main Ave. S.
North Bend, WA 98045
425.888.3347

**Social Skills Groups**

As we are all aware, functional social skills are crucial to success in life. Many of these complex skills are learned during childhood. Children are expected to observe, interpret and respond in social situations all day long. For some children, this can be a real challenge.

Encompass offers social-skills coaching for children from preschool age through adolescence. Weekly one-hour sessions, led by two therapists, teach important skills in a fun and engaging manner. Each group is comprised of  four to five children matched up based upon their skill levels and genders.

We use an evidence-based social skills curriculum, [SuperFlex](http://www.socialthinking.com/home), created by Michelle Garcia Winner. The four core components of this curriculum are:

* **Early developing skills:** listening to others, following directions, maintaining eye contact and keeping a calm body during interactions and greetings
* **Interpersonal skills:** turn-taking, sharing, requesting, responding, initiating, perspective taking and conversing
* **Problem-solving skills:** conflict resolution, cooperations, emotional regulation and recognizing big problems vs. small problems
* **Nonverbal-communication skills:** reading others’ body language and emotional state and personal space awareness

Interested?  Call Encompass Pediatric Therapy at 425.888.3347 to see if your child qualifies.

Insurance coverage and private-pay options are available.

<http://encompassnw.org/subcontent.aspx?SecID=130>

Parent Website Resource:

http://www.theparentconnection.org/resources

**7. The Dinosaur Years (**[**www.incredibleyears.com**](http://www.incredibleyears.com)**) A comprehensive child/parent involved program to help with social skills.**

***From the Dinosaur Years website:*** *Does your child struggle with: following directions? Playing well with others?  Acting impulsively? Tantrums or aggression? Paying attention?*

Children take part in Dinosaur School while their parents participate in the concurrent parenting program. Dinosaur School is a fun place where kids come to learn new skills and practice them in a closely supervised, structured environment.

**You can do an internet search with the website above as there are several Dinosaur Years program in the area. Here are two of them:**

 **\* drlaurensilvers.com** (Please visit [familywisenw.com](http://www.familywisenorthwest.com/) for more information about this program.) 1700 NW Gilman Blvd Suite 205 Issaquah, WA 98027

 \* **Eastside Parenting Clinic, Bellevue** (eastsideparentingclinic.com) 425-999-7800. Specific age range: ages 4-8 years of age.

 ISSAQUAH SCHOOL DISTRICT DISCLAIMER

The attached list of individual(s)/agencies is being provided as an informational item for your convenience.  The Issaquah School District does not recommend or endorse any of these individual(s)/agencies provided on the attached and will not be held liable or responsible for any services provided by them.  As such, the Issaquah School District highly recommends that you conduct your own research and investigation and exercise due diligence before selecting any of these individual(s)/agencies for services.